



Travel Guide

Portugal, Spain and Morocco: Bridging Continents

Index

Portugal, Spain and Morocco: Bridging Continents.....	0
Index.....	0
Introduction and overview.....	2
Disclaimer.....	2
Travel guide disclaimer.....	2
Itinerary disclaimer.....	2
Optional activities and museums' opening times disclaimer.....	3
Group leader description.....	3
Feedback.....	3
Travel guide essentials.....	4
Passport and visa requirements.....	4
Medical and health information.....	4
Accommodation.....	5
General accommodation information.....	5
Solo travellers.....	5
LGBTQIA+ travellers.....	6
Single supplement.....	6
Hotels in Spain and Portugal.....	6
Hotels in Morocco.....	6
Transport.....	7
Food and drinks.....	7
Meals included.....	7
Other meals.....	7
Vegetarians, food allergies, and dietary restrictions.....	8
Alcohol in Morocco.....	8
Managing money.....	8
Budget.....	8
Currency and payments.....	8

Tipping.....	9
Emergency fund.....	10
Packing.....	10
Luggage.....	10
Packing list.....	10
Laundry.....	12
Local dress.....	12
Weather, climate, and seasonal information.....	12
Summer.....	12
Shoulder season.....	13
Winter.....	13
Festivities, local customs, and seasonal information.....	13
Spanish Siesta.....	13
Eid al-Adha.....	13
Ramadan and Eid al-Fitr.....	14
Electricity.....	14
Languages.....	14
Safety and security.....	15
Travel advisories.....	15
Personal safety.....	15
LGBTQIA+ safety.....	16
Community guidelines.....	16
Code of conduct.....	16
Travelling with a group.....	17

Introduction and overview

Disclaimer

Travel guide disclaimer

This document has been carefully prepared to give you the most accurate information available at the time of writing. While we do our best to keep everything up to date, details may change, and this document should not be considered a binding part of your contract with LevarTravel.



Important note: For the most reliable information, we recommend printing a final version of this document a few days before your departure, in case there have been updates that affect your travel plans.

Itinerary disclaimer

Our itineraries are carefully planned, but travel often comes with an element of unpredictability. While we aim to follow the route described, a degree of flexibility is built in, and adjustments may be necessary, or even desirable, along the way. We review and refine our itineraries throughout the year, taking into account traveller feedback, local conditions, and ongoing local research. As a result, the details you receive at the time of booking may differ slightly from the final version before departure.

Because of weather, transport schedules, public holidays, political events, or other unforeseen factors, further changes may occur during your journey. Your group leader will keep you updated and has the authority to modify or cancel parts of the itinerary if safety or local circumstances require it.

Please keep in mind that this Trip Details document serves as a guide to the overall experience rather than a guarantee of specific stops, wildlife sightings, or activities. In some cases, such as expedition travel, visits to research stations or restricted areas are subject to final approval by local authorities. Any travel times provided are approximate and may vary depending on conditions.

Ultimately, our commitment is always to enhancing your experience and to give you the most rewarding, safe, and memorable travel experience possible.

Optional activities and museums' opening times disclaimer

If you'd like to explore popular attractions not included in this trip itinerary, we strongly recommend booking tickets in advance, especially during the peak season (May to September), when wait times can stretch into hours. In some cases, your group leader may be able to assist with ticket arrangements on Day 1, but availability at such short notice is not guaranteed. Keep in mind that many museums and sites are closed on Mondays (and occasionally Tuesdays), so it's wise to check opening hours ahead of time and secure reservations wherever possible.



Group leader description

All our trips are accompanied by one of our experienced group leaders, whose role is to manage the group and ensure your trip runs smoothly. Their goal is to take the hassle out of travel so you can focus on enjoying your experience.

Group leaders bring a broad knowledge of Portugal, Spain, and Morocco, including the historical, cultural, religious, and social aspects of each destination. They can offer suggestions for activities, recommend excellent local restaurants, and introduce you to our trusted local contacts.

In addition, we often include certified local city guides where specialised expertise enhances the experience, giving you the best of both worlds: the support and insight of your group leader combined with in-depth local knowledge.

Feedback

We'd love to hear about your adventure! Your feedback helps us improve and create even better experiences for future travellers. Around 24 hours after your trip ends, you'll receive an email with a short tour evaluation. Please take a few minutes to share your thoughts, and know that we read every response with care.

Travel guide essentials

Passport and visa requirements

While we strive to keep this information as current as possible, rules about entry requirements can change unexpectedly. The details provided here are for guidance only, and you must verify your own visa obligation.

For most cases, you'll need a valid passport with a minimum of 6 months' validity. To prepare everything for your trip, we'll need your passport information, so please ensure that the details in your booking match your passport exactly and remember to check the expiry date.



Visa requirements for your trip depend on your nationality. The Schengen visa has simplified travel across multiple countries in Europe. The Schengen area includes Austria, Belgium, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Lithuania, Luxembourg, Malta, the Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, and Sweden. With a valid Schengen visa, you can enter one member country and move freely within the entire Schengen zone for the duration of your visa, with minimal or no border checks between countries.

To apply for a Schengen visa, submit your application to the embassy or consulate of the country where you plan to spend the most nights. If your visit is limited to a single country, apply directly at that country's consulate.

European countries started to implement ETIAS (European Travel Information and Authorization System) for travellers from visa-exempt countries. We strongly recommend checking in advance whether ETIAS will affect your travel plans based on your nationality.

Medical and health information

There are no specific health requirements for this trip. However, to fully participate in the trip, all travellers must be in good physical health. For the safety and well-being of yourself and others, please do not travel if you are unwell before departure. Instead, contact us to discuss alternative arrangements. Please note that, in the reasonable opinion of our group leader, if a traveller is unable to complete the itinerary without posing undue risk to themselves or others, we reserve the right to exclude them from all or part of the trip without refund.

It is your responsibility to consult a travel doctor well before departure to obtain up-to-date medical advice and any required inoculations or vaccinations. Even if no mandatory health requirements apply, we strongly recommend seeking medical guidance before travel.

You should carry a personal first aid kit, hand sanitisers or antibacterial wipes, and any prescribed medications in their original packaging, as these may not be easily available while travelling. Please



also check your government's foreign travel advice regarding any restrictions on carrying medication. Be aware that some parts of this journey, especially in Morocco, take place in remote areas, where access to medical facilities may be limited. For legal reasons, our group leaders are not permitted to administer any form of medication, including common painkillers or antibiotics.

Accommodation

General accommodation information

The accommodation listed in the day-to-day itinerary serves as a guideline and may be subject to change. Occasionally, alternative arrangements may be necessary if our preferred properties are fully booked. In such cases, we ensure that any substitute accommodation meets a comparable standard.

We kindly request that our accommodations have rooms ready upon our arrival, particularly if we reach the property before the standard check-in time. However, this may not always be possible. On these occasions, luggage storage will be provided so you can begin exploring your destination.

Solo travellers

On our group trips, accommodation is arranged on a twin-share basis. Solo travellers are paired with another traveller of the same gender, as indicated on their passport, ensuring a comfortable and compatible stay.

LGBTQIA+ travellers

We are committed to fostering a safe and welcoming environment for all travellers. If your gender identity does not match the information on your passport, please reach out to us so we can discuss suitable rooming arrangements that meet your needs.

Single supplement

We offer an optional single supplement on most trips for travellers who prefer the privacy of their own room during the tour. If you choose the Single Supplement option, you will be provided with a single room for all overnight stays on the trip. However, please keep in mind that the single supplement is subject to availability. Pre-trip and post-trip accommodation booked through us, however, is always arranged on a single-room basis.



Please note that single rooms in European and Moroccan hotels are often smaller and may differ in layout or amenities compared to standard double-occupancy rooms.

Hotels in Spain and Portugal

In Europe, hotel rooms often feature two single beds that can be joined or separated, rather than a traditional double bed. Rooms may be smaller than what you might be used to in the U.S. or Australia, and kettles and fridges are also not commonly provided. Despite these differences, you can expect clean, safe, and comfortable accommodations in excellent central locations, giving you plenty of time to explore the sights and make the most of your trip.

Hotels in Morocco

In Morocco, hotel rooms often feature two single beds that can be joined or separated, rather than a traditional double bed. Rooms may be smaller than what you might be used to in the U.S. or Australia, and not all accommodations offer air-conditioning. Kettles and fridges are also not commonly provided. Please note that Morocco is a developing country, and as such, the infrastructure is not as reliable as you would see at home. Despite these differences, you can expect clean, safe, and comfortable accommodations in excellent central locations, giving you plenty of time to explore the sights and make the most of your trip.

Transport

In this trip, the transportation is as follows:

- Private van, with air-conditioning and a licensed driver
- Ferry, for the crossing from Tarifa (Spain) to Tangier (Morocco)

Food and drinks

Meals included

Food is an essential part of any travel experience, and we recognise the importance of starting your day right. Wherever possible, we include a simple breakfast, which may typically consist of items like toast, coffee, and tea, though offerings can vary depending on the city.



In this trip, the included meals are as follows:

- 15 breakfasts
- 1 lunch

Other meals

Travelling with us gives you the opportunity to experience the incredible variety of food the world has to offer. To provide maximum flexibility in deciding where, what, and with whom to eat, most meals are not included in the trip price. This approach also allows for greater control over your budget, though in many destinations, eating out is affordable.

While there is no obligation to dine together, our groups often enjoy meals as a group, giving you the chance to sample a wider range of dishes and share the experience with fellow travellers. Your group leader will be on hand to recommend their favourite local restaurants throughout the trip.

Please note that meal times in Spain and Morocco are later than in many other countries, with dinner being typically served between 8 and 10 pm. While this may take a little getting used to, it offers a wonderful opportunity to experience and immerse yourself in authentic Spanish and Moroccan food culture.

Vegetarians, food allergies, and dietary restrictions

Vegetarians can be accommodated, though options may be limited, especially in traditional or rural restaurants, where the menu might offer only one vegetarian choice, when available. In these cases, salads and omelettes are usually the most reliable options. In larger cities, however, you'll find a wider variety of dedicated vegetarian restaurants serving flavorful meals.

If you have any special dietary requirements or food allergies, please inform us before the trip so we can make the necessary arrangements.



Alcohol in Morocco

In Morocco, alcohol is generally not widely available due to cultural and religious practices. Some hotels and restaurants do serve beer, wine, and spirits, but imported drinks are often priced at a premium. It's important to be mindful of local customs, laws, and traditions, and to consume alcohol respectfully. Your group leader can provide recommendations for places to enjoy a drink each evening.

Managing money

Budget

Every traveller's spending habits are different, so the amount of money you'll need on the trip can vary. Consider your personal preferences when budgeting for things like optional meals, drinks, shopping, tipping, optional activities, and laundry. Be sure to review the itinerary and inclusions carefully so you know what is already covered in the trip price and what expenses you may need to cover while travelling.

Currency and payments

In **Portugal and Spain**, the local currency is the Euro (EUR). You can obtain cash before your trip through banks or currency exchange offices. ATMs are widely available in both countries, though there is no guarantee that every credit or debit card will work, so it's wise to check with your bank in advance. Mastercard and Visa are the most commonly accepted cards, while American Express is often not accepted in many businesses. Also, keep in mind that using a credit card may incur additional fees.

In **Morocco**, the local currency is the Moroccan Dirham (MAD). ATMs are available in major towns and cities, but many smaller shops and restaurants only accept cash. Always use banks, licensed money changers, or hotels for currency exchange, and keep your receipts. Avoid exchanging money with street vendors, as this is illegal. Banks and exchange bureaus in larger cities typically accept USD, EUR, and GBP. In more remote areas, such as the Atlas Mountains, opportunities to withdraw or exchange money can be limited.



It's best not to rely solely on credit or debit cards. A combination of cash and cards is recommended. Carrying slightly more than you expect to need can help ensure a smooth, stress-free trip without constantly worrying about funds.

Tipping

Tipping is a thoughtful way to acknowledge excellent service while travelling. Although it may not be customary in your home country, it is greatly appreciated by the people who assist you throughout your trip.

In **Portugal and Spain**, tipping is generally modest. A typical guideline is 5–10% of the restaurant bill for wait staff, and small amounts (€1–2) for other service providers.

In **Morocco**, tipping is a more ingrained part of the culture and is often expected. This includes restaurant and bar staff, hotel reception and cleaning personnel, bellboys, taxi and van drivers, and other small service providers. Tips are an important supplement to local incomes, so even small gestures are meaningful.

Recommendations for everyday service range from €3–5 per day, depending on the quality and duration of service. You have flexibility in how you tip: individually, with your travelling companions, or via your group leader, who may collect contributions and distribute them as a group. If you are dissatisfied with any service, let your group leader know so tips can be adjusted accordingly.

Tipping your group leader is also appreciated if you feel they have provided outstanding service. A general guideline is €5–7 per traveller per day, though the amount is entirely personal and can reflect your experience and the leader's involvement.

Emergency fund

While we plan carefully, some situations, such as severe weather, natural disasters, civil unrest, or transport disruptions, are beyond our control and may require last-minute changes to the itinerary. In these extremely rare cases, any additional costs are the traveller's responsibility. We recommend having access to at least USD \$200 (or local currency equivalent) as an emergency fund to cover



unforeseen expenses. Please note that we are not responsible for incidental costs, including visas, vaccinations, or non-refundable flights, resulting from itinerary changes.

Packing

Luggage

Most travellers find that a backpack or a small- to medium-sized wheeled suitcase works best, as these fit comfortably within the packing space of our private vehicles. Whatever you choose, we recommend packing as lightly as possible. Make sure you can carry and lift your own luggage, and comfortably walk with it for short distances or up and down stairs. While assistance is usually available, there may be occasions when you'll need to manage your own bag. A lockable suitcase or a small padlock is also a smart addition for extra security.

For daily excursions, bring a daypack to carry essentials such as water, a camera, and a light jacket. Depending on your activities, you may also need items like a swimsuit, hiking shoes, or a waterproof pouch for your phone.

Packing list

What you pack will depend on your travel style, season, and expected weather conditions. Here we provide you with a list to help you get started.

Documents:

- Flight info (printouts of e-tickets may be required at the border)
- Passport and visas (with photocopies)
- Insurance info (with photocopies)
- Vouchers and pre-departure information (with photocopies)
- Vaccination certificates (with photocopies)

Essentials:

- Shirts/t-shirts
- Long pants/jeans
- Footwear



- Sleepwear
- Windproof rain jacket
- Hat and sunglasses
- Small travel towel
- Toiletries (shampoo, bodywash, soap, toothpaste, etc.)
- Camera (with extra memory cards and batteries)
- Cash, credit and debit cards
- Daypack (used for daily excursions or short overnights)
- Earplugs and eye mask (if needed)
- First-aid kit
- Locks for bags
- Outlet adapter (if needed)
- Personal entertainment (reading and writing materials, etc.)
- Reusable water bottle

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Important: Please be aware that drones are strictly prohibited in Morocco, whether for personal, professional, or commercial use.



Laundry

Some of our hotels provide laundry services for an additional fee, and your group leader can also point you toward the nearest laundromat when needed. At times, you may prefer (or need) to wash your own clothes, so we recommend packing a small amount of biodegradable, eco-friendly soap.

Local dress

When visiting religious sites, it's important to dress modestly: cover your shoulders and avoid short shorts or skirts. In Morocco, especially outside the larger cities and tourist areas, everyday clothing tends to be more conservative. Out of respect for local customs, we recommend that both men and women wear loose-fitting clothing that covers the shoulders. Your group leader will be happy to offer more specific guidance if needed.

Weather, climate, and seasonal information

Summer

In some of the regions visited, summer temperatures can soar above 35°C (95°F), which may feel quite intense. To stay comfortable and safe, ensure you use proper sun protection and stay hydrated. When planning your trip, carefully consider the season and whether it suits your preferences and needs.

Shoulder season

Weather during the shoulder season can be unpredictable, so it's best to come prepared. If you're travelling at the beginning or end of the European season, pack layered clothing along with warm and waterproof options. The reward for braving the unpredictable conditions is fewer crowds, making for a more relaxed and authentic travel experience.

Winter

Winters in Europe are typically cold, while Morocco experiences cool to cold conditions depending on the region, with snowfall common in higher mountain areas. If you're visiting Morocco between November and February, be aware that your itinerary may need some flexibility due to winter road conditions in the mountains. Pack extra layers, a warm jacket, a hat, gloves, and sturdy footwear.



Keep in mind that many Moroccan buildings lack central heating, so evenings can feel particularly chilly without the right clothing. Always check the forecast before you travel and bring gear suited to the season.

Festivities, local customs, and seasonal information

Spanish Siesta

In Spain, many shops, attractions, and businesses close for several hours in the middle of the day, allowing locals to escape the heat, enjoy a long lunch, spend time with family, or even rest during the hottest hours. As a result, the workday often extends into the evening, and dinner is typically served between 8 pm and 10 pm. To make the most of your visit, consider following local habits: avoid the midday heat, especially during summer, and embrace the lively evenings.

Eid al-Adha

Eid al-Adha (Sacrifice Feast) will take place in Morocco from 26 to 30 May 2026 (tentative dates). This important festival commemorates Abraham's willingness to sacrifice his son and is observed by sacrificing an animal, which is then divided into three parts: one-third is given to the poor, another third shared with relatives, friends, and neighbours, and the remaining third kept by the family. Eid al-Adha may affect your travel experience, as many shops, restaurants, and some historical sites may be closed, while public services could be delayed or suspended. Hotels may operate with reduced staff, and streets are often quieter during the celebration. You should also be aware that animal sacrifices may occur in public, which some may find distressing. Planning ahead and remaining flexible will help you make the most of your trip during this festive period.

Ramadan and Eid al-Fitr

Ramadan will take place in Morocco from 17 February to 19 March 2026 (tentative dates), with the Eid al-Fitr festival following immediately. Ramadan is a sacred month of fasting observed by Muslims, during which devout followers refrain from eating or drinking from sunrise to sunset. This period offers a unique opportunity to experience local culture, especially the vibrant nightly celebrations when the fast is broken. However, be aware that business hours are often shortened, some restaurants may close, and alcohol is not permitted during daylight hours. While some delays or

disruptions to schedules may occur, tours generally continue to operate as planned, and food is available to non-Muslims throughout the day.

During Ramadan, it is important to show cultural sensitivity. Dress modestly with clothing that covers shoulders and knees, and avoid eating, drinking, or smoking in public during daylight hours out of respect for those observing the fast. Eid al-Fitr itself is a national holiday, so many government offices, businesses, and some tourist sites may be closed or operate on reduced hours. Planning ahead and remaining flexible will help you make the most of your trip during this festive period.

Electricity

Portugal and **Spain** use 230V, 50Hz, and **Morocco** uses 220V, 50Hz, with both type C and type F power sockets. Remember to bring adapters, in case you need them.

Languages

Portuguese is the official language of **Portugal** and is spoken nationwide in its European variant. In addition to Portuguese, Mirandese is recognised as a co-official regional language and is spoken by a small population in the northeastern part of the country. Many Portuguese people speak foreign languages, particularly English, French, and Spanish, which are commonly taught in schools. In tourist areas, English is the most widely understood.

Spanish (Castilian) is the official language of **Spain** and is spoken throughout the country. Alongside Castilian, several regional languages hold co-official status in their respective areas, including Catalan in Catalonia and the Balearic Islands, Valencian in Valencia, Galician in Galicia, and Basque in the Basque Country and parts of Navarre. Many Spanish people speak English, particularly among younger generations and in tourist destinations.

Arabic is the official language of **Morocco**, with the Moroccan dialect (Darija) widely spoken across the country. Around 40% of the population, primarily in rural areas, speak Berber in one of its three main dialects: Taragit, Tashelhiyt, or Tamazight. French serves as the country's unofficial second language, commonly taught in schools and frequently used in business, government, and education.



In northern regions, Spanish is also spoken, while English is understood mainly in popular tourist destinations.

Safety and security

Travel advisories

Before you travel, we strongly recommend checking your government's official foreign travel advisory for the most up-to-date information on your destination. Many governments provide regularly updated guidance on safety, health, and other important considerations for international travel. It's also essential to ensure your travel insurance covers all destinations and planned activities. For added peace of mind, save the emergency contact number for your government's consulate or embassy in Portugal, Spain, and Morocco.

Personal safety

When travelling, it's important to take precautions to keep yourself and your belongings safe. Always carry your passport, phone, credit cards, and cash securely, ideally in a money belt or neck wallet, and avoid bringing high-value items such as jewellery, which you won't need on your trip. Many hotels provide safety deposit boxes, which are the best option for storing valuables, and we recommend using locks on your luggage.

Like any major city around the world, destinations on your itinerary can pose risks of pick-pocketing or petty theft, particularly in crowded areas such as markets, bus stations, and train terminals. Remain alert, carry your bag in front of you, and never leave personal items unattended. At night, exercise extra caution: stick to well-lit streets, avoid walking alone, and stay aware of your surroundings.

Your group leader is there to help ensure your safety and has the authority to adjust or even cancel parts of the itinerary if necessary. While they will accompany you on all included activities, you will also have free time to explore independently. During this time, please use good judgment when selecting optional activities, as they are not part of the planned itinerary and we cannot guarantee their safety standards.



LGBTQIA+ safety

At LevarTravel, the safety and well-being of every traveller is our top priority, including those who identify as part of the LGBTQIA+ community. We understand that you may have specific concerns regarding safety and security while travelling, and we encourage you to consult reliable resources such as Equaldex (<https://www.equaldex.com/>) and your government's official travel advice for LGBTQIA+ travellers. While Portugal and Spain rank highly on global equality indices, conditions in Morocco are less progressive, so extra care and awareness are advised when visiting.

Community guidelines

Code of conduct

At LevarTravel, we have a zero-tolerance policy toward violence, harassment, whether physical, verbal, or sexual, or any form of disrespect toward fellow travellers, our staff, or local communities.

The possession or use of illegal drugs is strictly prohibited on all trips. Such actions not only violate local laws but also endanger the safety and well-being of the entire group. Similarly, exploiting individuals in the sex trade is completely incompatible with our philosophy of respectful and responsible travel. Group leaders have the authority to remove any traveller found in possession of drugs or engaging with paid sex workers.

Any behaviour that disrupts the itinerary, breaks local laws, or violates these guidelines may result in refusal of booking or removal from the trip. Decisions made by your group leader are final and are intended to ensure the safety and enjoyment of all participants. If you have any concerns during your travels, please speak to your group leader immediately.

Travelling with a group

Travelling on a group trip offers the opportunity to share unique experiences, though it may also come with occasional challenges. Your fellow travellers will likely come from diverse backgrounds and a range of age groups, each with their own preferences and needs. We ask that you approach the trip with patience and understanding, as a little consideration can go a long way in creating a positive experience for everyone.



At the same time, you have responsibilities to the group. If you are asked to be in a certain place at a specific time, please make every effort to be punctual so as not to delay the group. Our experience shows that the most enjoyable trips are those where group dynamics flow smoothly, and this often requires just a small effort from each participant.

For privacy reasons, we cannot share personal contact details or information about fellow travellers before departure.

